



#### School Information:

Welcome Back! We're so glad to see you!  
Peanut Butter & Jelly as an alternate Entrée every day.  
Garden Bar Variety available daily.



**Nutrition Tip:** With September being Whole Grains month try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.

Reference: USDA MyPlate



### Monday

LABOR DAY

2

NO SCHOOL

### Tuesday

ELEMENTARY  
ENTRANCE  
CONFERENCES  
NO SCHOOL

3

### Wednesday

Hamburger on a Bun  
Baked Beans  
Celery Sticks  
Chilled Peaches  
Banana  
Milk

4

### Thursday

Deep Dish Pizza  
Roasted Broccoli  
Red Pepper Strips  
Chilled Applesauce  
Orange Wedges  
Milk

5

### Friday

Crispy Chicken  
Sandwich  
Baby Carrots  
Cucumber Slices  
Fruit Variety  
Milk

6

Chicken Strips, Dinner Roll  
Sweet Potato Fries  
Celery Sticks  
Chilled Peaches  
Banana  
Milk

9

Beef & Cheese  
Walking Taco  
Whole Kernel Corn  
Chilled Pears  
Orange Wedges  
Milk

10

2 Pancakes  
Tri Taters  
Baby Carrots  
100% Fruit Juice  
Milk

11

Hot Dog on a Bun  
Baked Beans  
Cucumber Slices  
Chilled Fruit Cocktail  
Crisp Apple  
Milk

12

Deli Sandwich Variety  
Creamy Coleslaw  
Romaine Caesar Salad with  
Cherry Tomatoes  
Fruit Variety  
Milk

13

Corn Dog  
Seasoned Peas  
Baby Carrots  
Chilled Peaches  
Banana  
Milk

16

Beef & Cheese Nachos  
Lettuce, Salsa  
Whole Kernel Corn  
Tomatoes and Red Peppers  
Chilled Pineapple, Apple Wedges  
Milk

17

Chicken Alfredo Pasta  
Breadstick  
Roasted Broccoli, Romaine  
Caesar Salad w/ Tomatoes  
Chilled Pears, Orange Wedges  
Milk

18

BBQ Rib Sandwich  
Baked Beans  
Creamy Coleslaw  
Chilled Applesauce  
Craisins  
Milk

19

Pepperoni BOSCO Stick  
Marinara Sauce  
Cooked Green Beans  
Cauliflower Bites  
Fruit Variety  
Milk

20

Grilled Chicken  
Sandwich  
Sweet Potato Fries  
Cucumber Slices  
Chilled Peaches, Banana  
Milk

23

Cheesy French Bread  
Marinara Sauce, Seasoned Peas  
Romaine Garden Salad  
Red Pepper Strips  
Chilled Pears, Crisp Apple  
Milk

24

Sloppy Joe Sandwich  
Baked Beans  
Creamy Coleslaw  
Chilled Applesauce  
Orange Wedges  
Milk

25

Chicken Nuggets  
Dinner Roll  
Seasoned Peas, Baby Carrots  
Chilled Fruit Cocktail  
100% Fruit Juice  
Milk

26

Cheese Quesadilla  
Romaine Caesar Salad  
Roasted Vegetable Blend  
Fruit Variety  
Milk

27

Teriyaki Chicken  
Dippers, Dinner Roll  
"Fried" Rice, Stir Fry Veggies  
Baby Carrots  
Chilled Peaches, Banana  
Milk

30



This institution is an equal opportunity provider. Menus are subject to change.

