

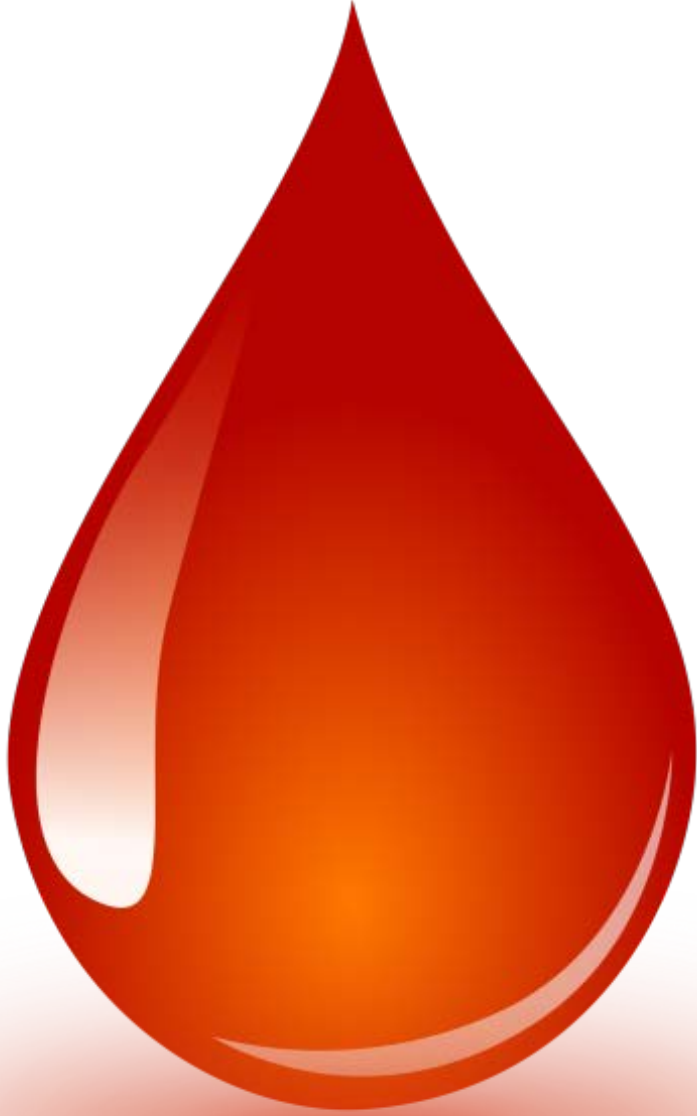
The background of the slide is a light gray color with a pattern of numerous red blood cells. The cells are depicted in various orientations and positions, creating a sense of depth and movement. They are rendered in a dark red color with a slight gradient and a soft shadow, giving them a three-dimensional appearance.

# Infectious Disease and Bloodborne Pathogens Training

# Purpose of OSHA Standard

- To reduce or eliminate occupational exposure to potentially infectious materials which could cause disease or death.
- Designed to protect 5.6 million workers in healthcare and related occupations.





# What's In It For Me?

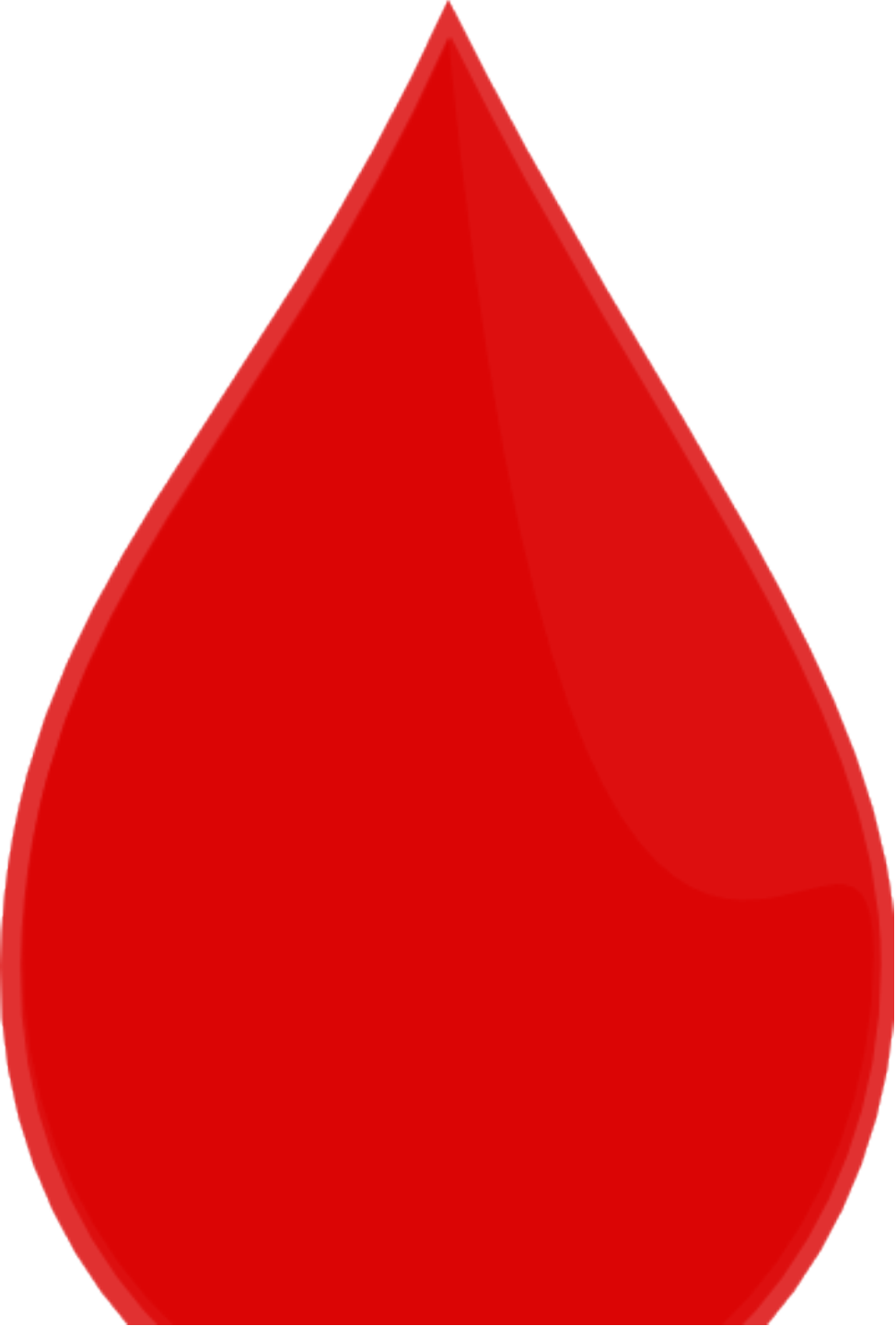
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- Reminder on how to protect yourself from infectious diseases, including Bloodborne Pathogens (BBPs)
- Satisfy OSHA requirement for annual training

# Infectious Diseases



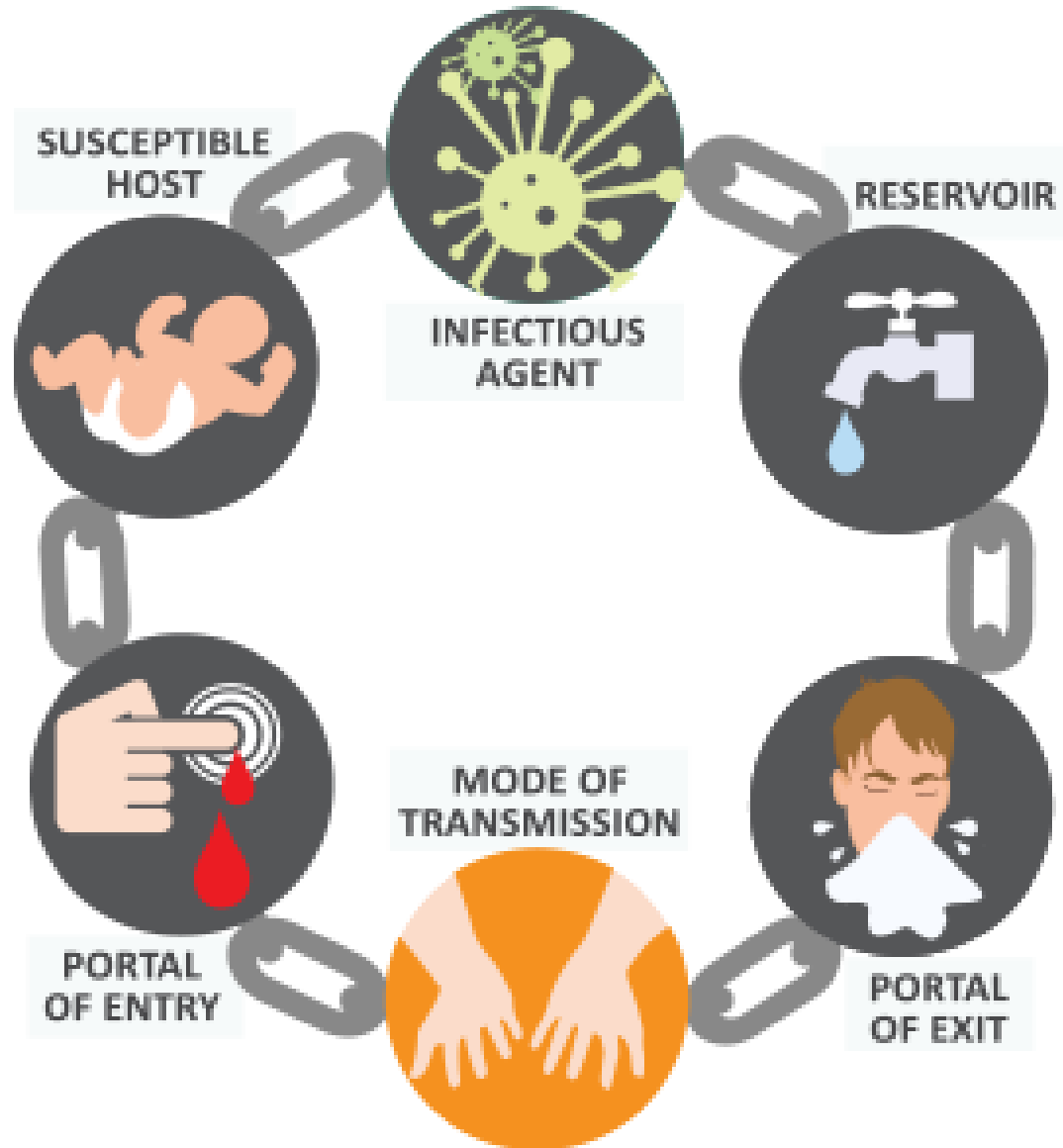
A disease caused by a microorganism or other agent, such as a bacterium, fungus, or virus, that enters the body of an organism



# Common Infectious Agents

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- Chicken pox (varicella-zoster virus)
- Conjunctivitis (Pink eye)
- Influenza (flu)
- Human papillomavirus (HPV) (warts)
- MRSA (methicillin-resistant staphylococcus aureus)
- Pertussis (whooping cough)
- Strep Throat
- Bloodborne Pathogens



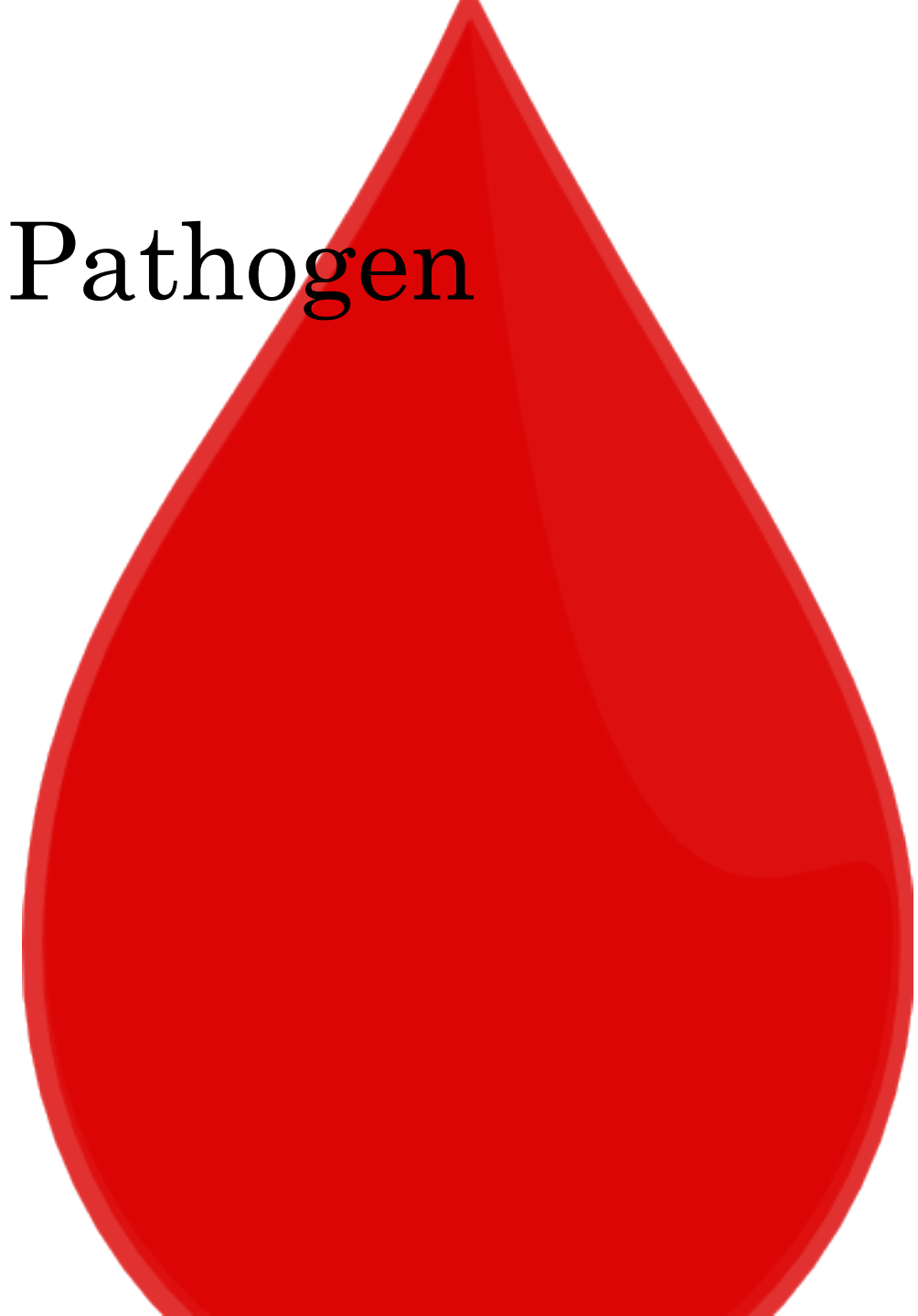
# The Chain of Infection

# Definition of Bloodborne Pathogen

- Pathogenic microorganism
- Present in human blood
- Can cause disease in humans

Most common BBPs are:

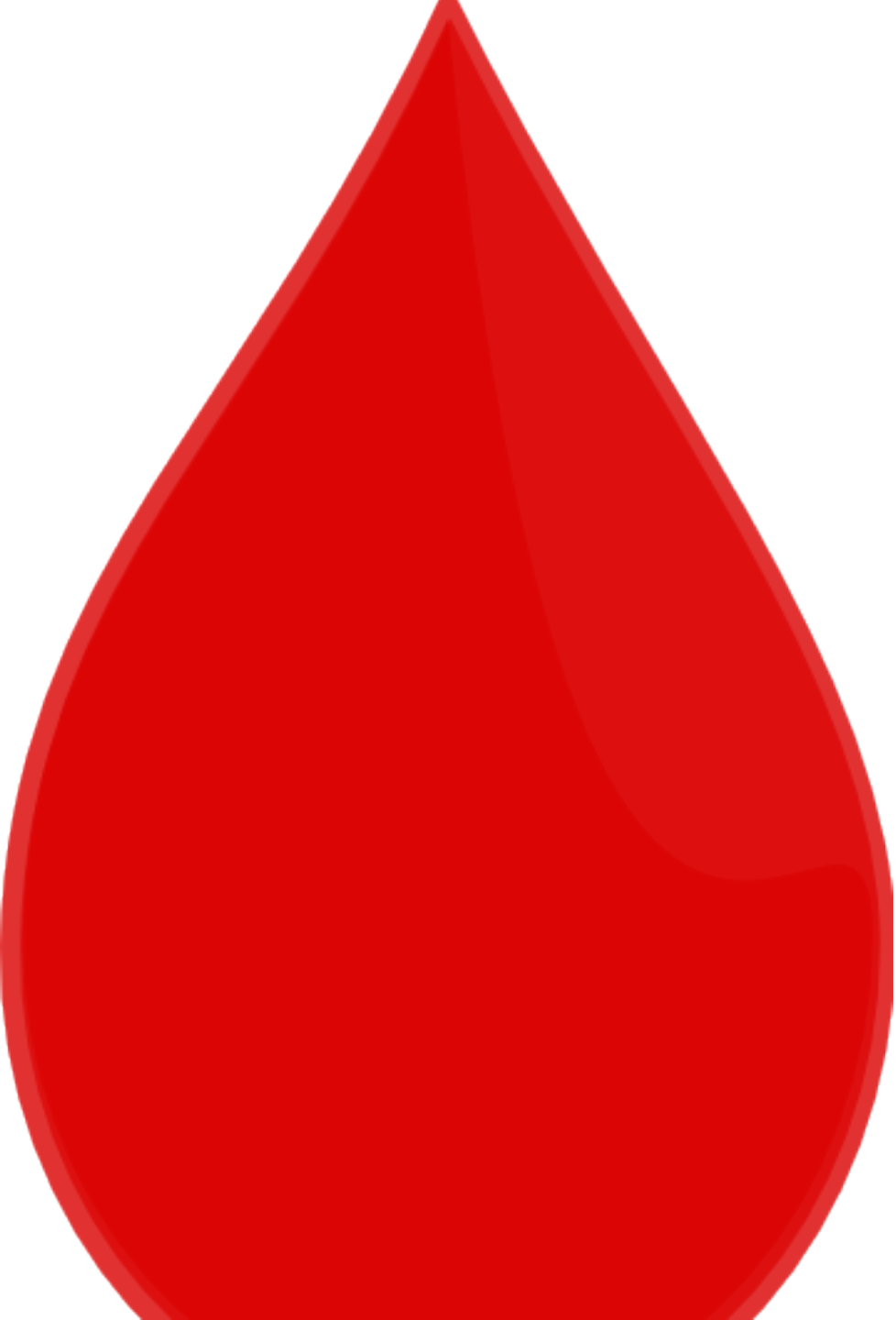
- Hepatitis B
- Hepatitis C
- HIV



# BBP Program Requirements

- Evaluation of employee activities
- Develop Exposure Control written plan
- Designate a Program Coordinator
  - School Nurse
- Practice Universal Precautions
- Hepatitis B vaccinations and titers
- Post exposure procedures
- Personal protective equipment
- Training
- Annual review
- Recordkeeping





Who is covered in  
your district?

# Who Does it Cover?

- All employees for whom exposure can be “reasonably anticipated” as part of their normal job duties
- Health care occupation primary focus
- Employer responsible for evaluating potential for exposure
- Excludes Good Samaritan activities

# Who is typically covered in school districts?

Nurses

Health Office Assistants

Special Education Teachers/Paras

Coaches/Trainers/Lifeguards

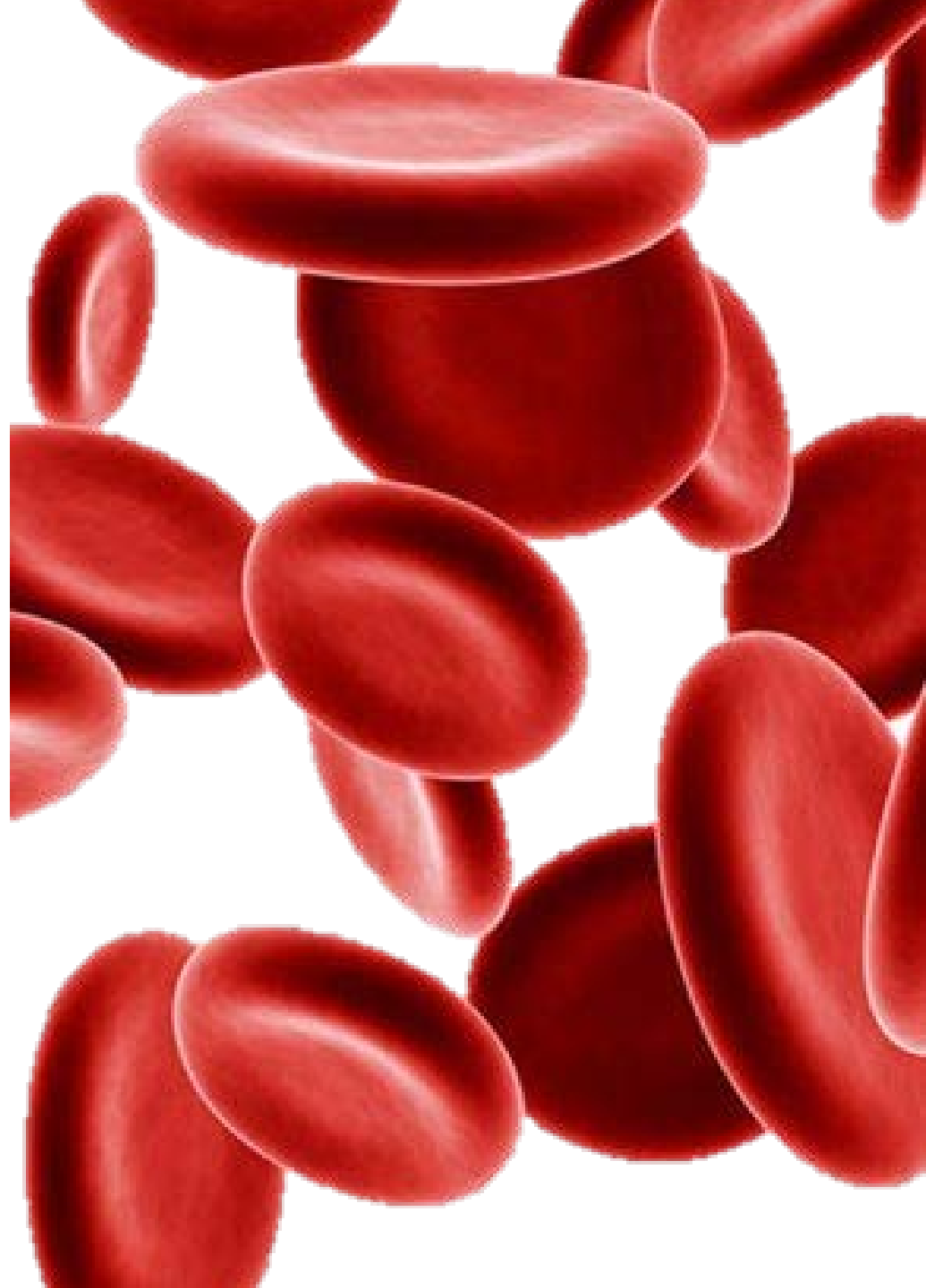
Custodians

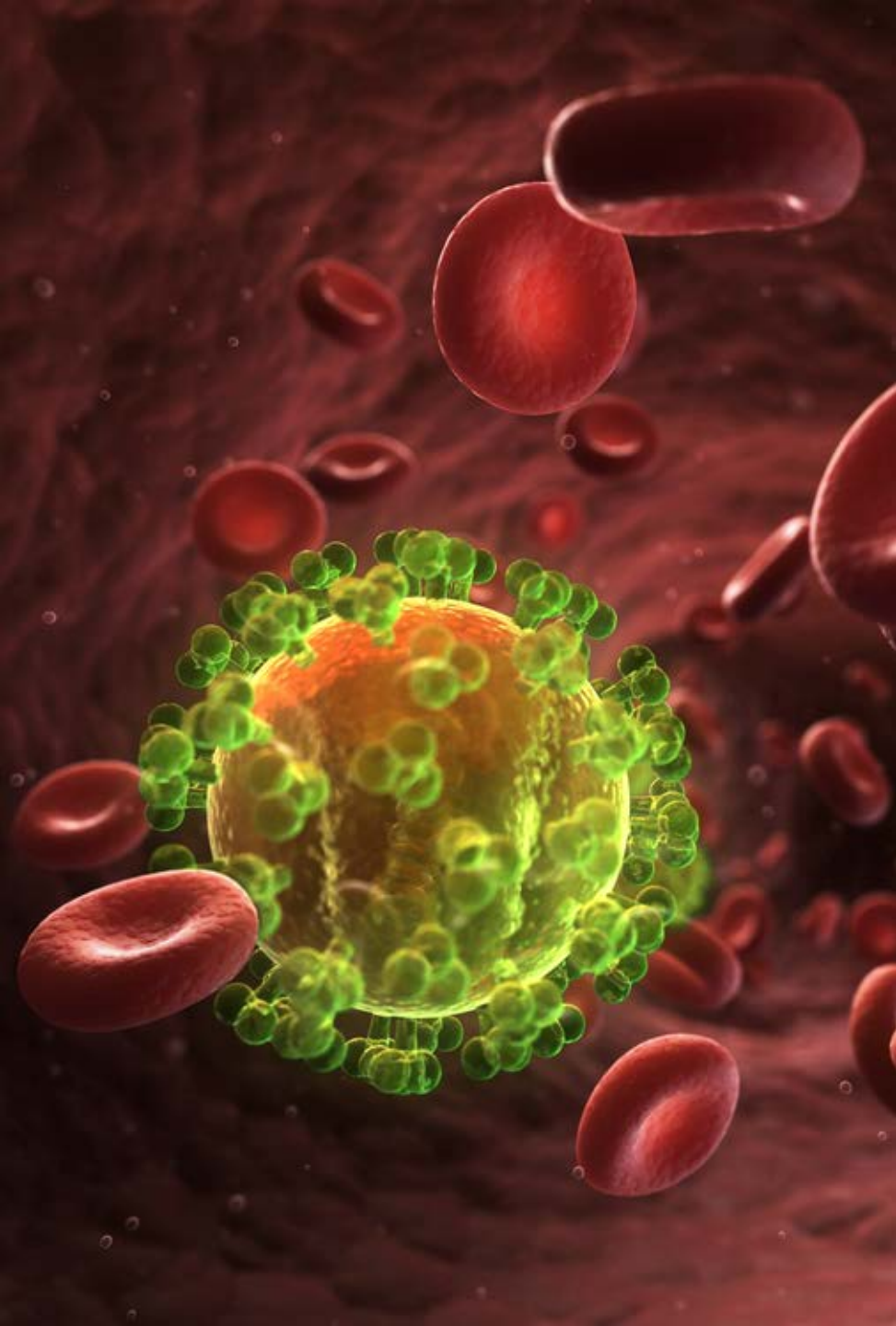
Transportation Staff

Playground Assistants

Early Education/Daycare Staff

- HIV
- Hepatitis B (HBV)
- Hepatitis C (HCV)





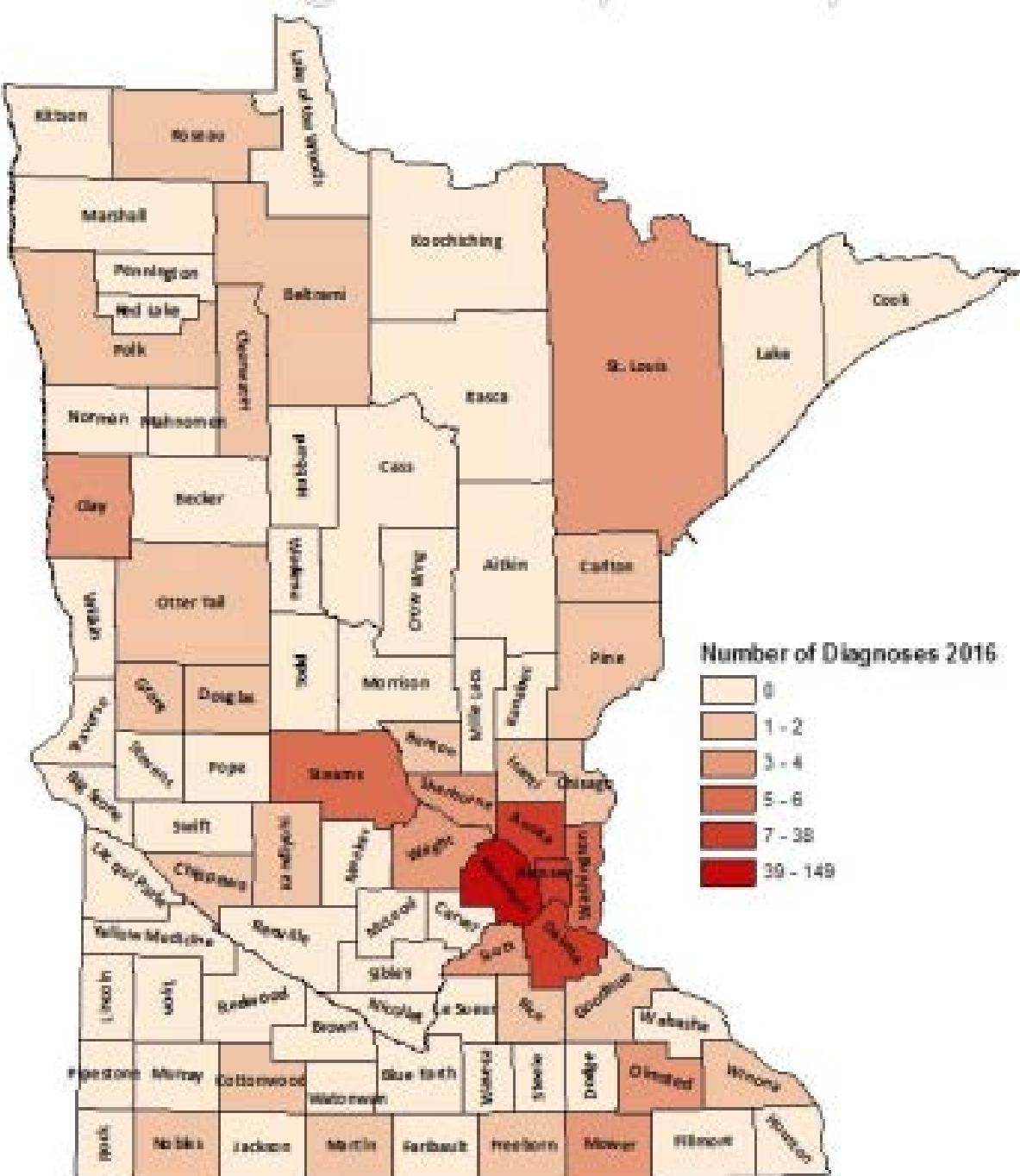
# HIV/AIDS

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- Human Immunodeficiency Virus
- Acquired Immunodeficiency Syndrome
- Symptoms aren't always immediate
- Over time, HIV attacks and weakens the immune system
- This increases the chance for opportunistic infections
  - This stage of the disease is classified as AIDS
- There is no known cure for HIV or AIDS
  - Medications can be used to slow progression of the disease
  - People can typically live full lives
- The CDC estimates 1.2 million Americans are living with HIV

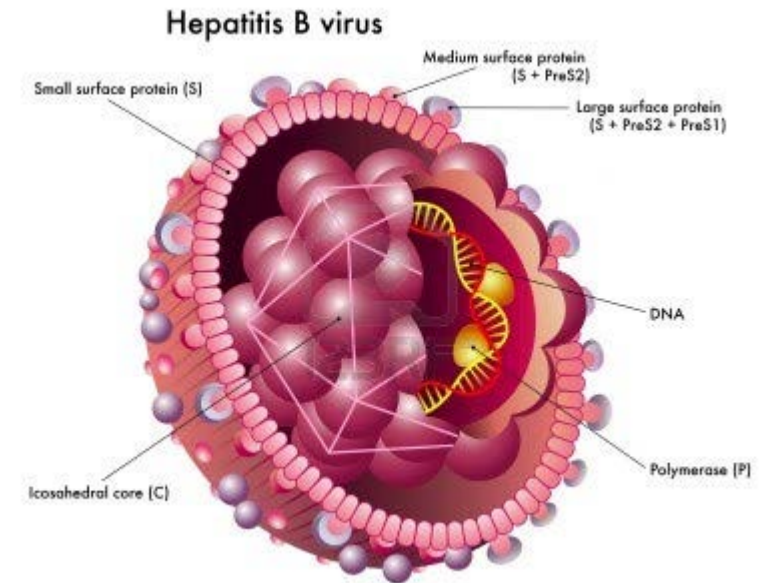
# HIV Diagnoses by County, 2016

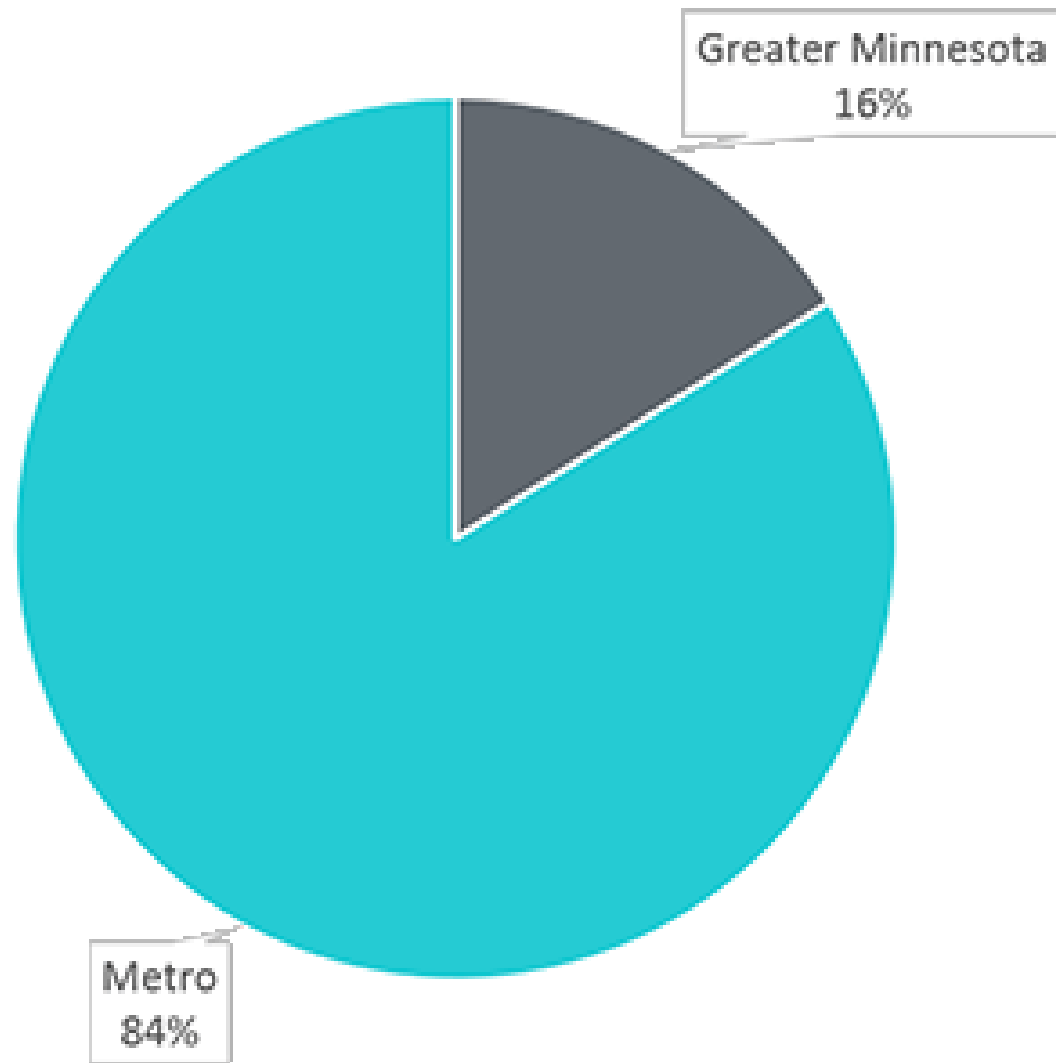
City of Minneapolis – 92  
City of St. Paul – 28  
Suburban – 118  
Greater Minnesota – 52  
Total Number – 290



# Hepatitis B Virus (HBV)

- Attacks liver
- 6-10% of people infected after age five become chronic
- Death occurs in 15-25% of chronically infected people
- Vaccine preventable
- Virus is only killed by high-level bactericides it can live up to 7 days outside the body





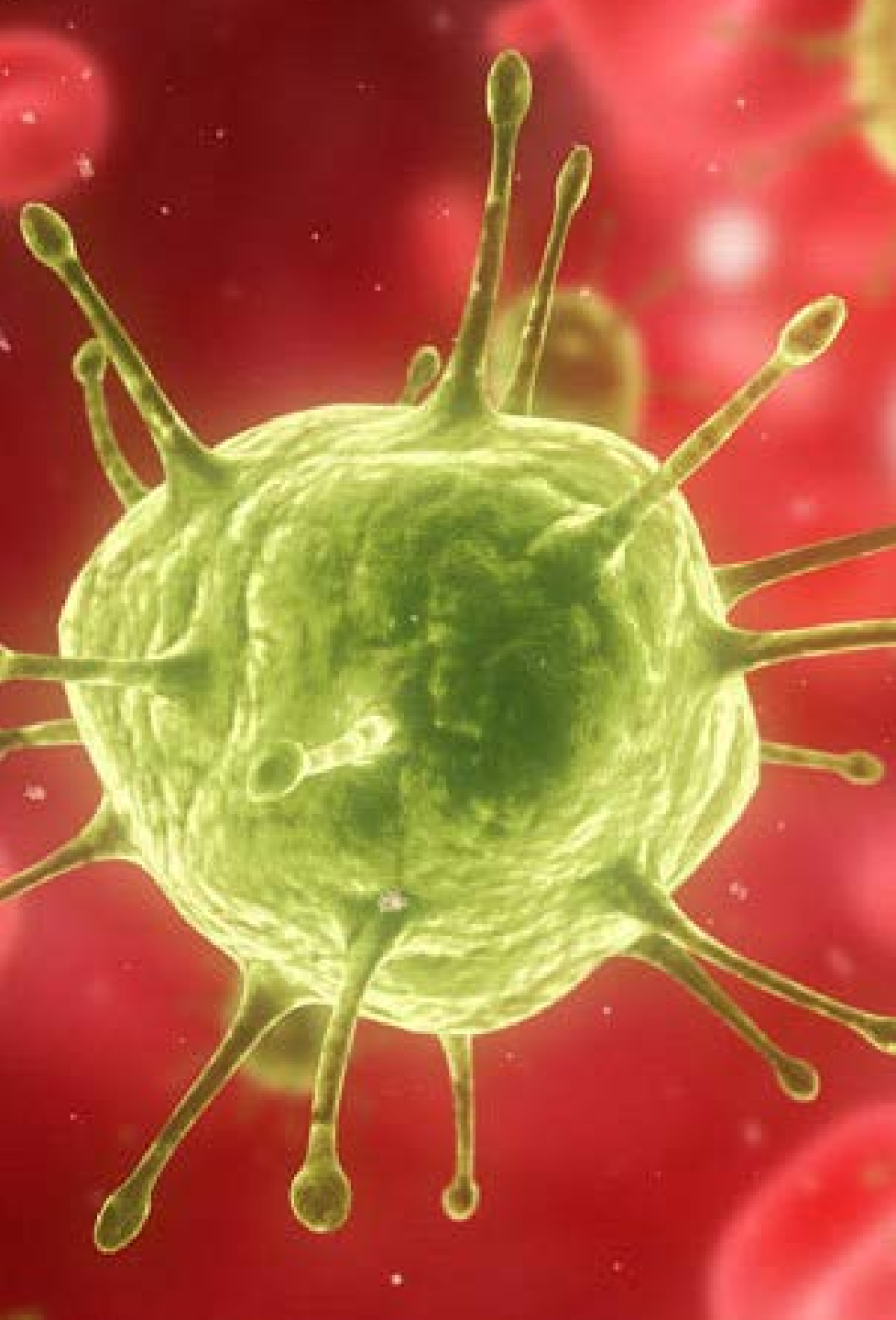
Persons  
with HBV  
by  
location,  
2016



# Hepatitis B Vaccinations

- If you could potentially be exposed while at work, you are able to receive Hepatitis B vaccinations at no cost
- If you are interested in receiving the vaccination series, contact the District Office
- If you have received the hepatitis B vaccination, it will commonly last at least 20 years
- Hepatitis B vaccinations are given in 3 doses, usually over 6 months
  - 4 weeks are required in-between the first 2 doses
  - 8 weeks are required between doses 2 and 3
  - 16 weeks are required between doses 1 and 3

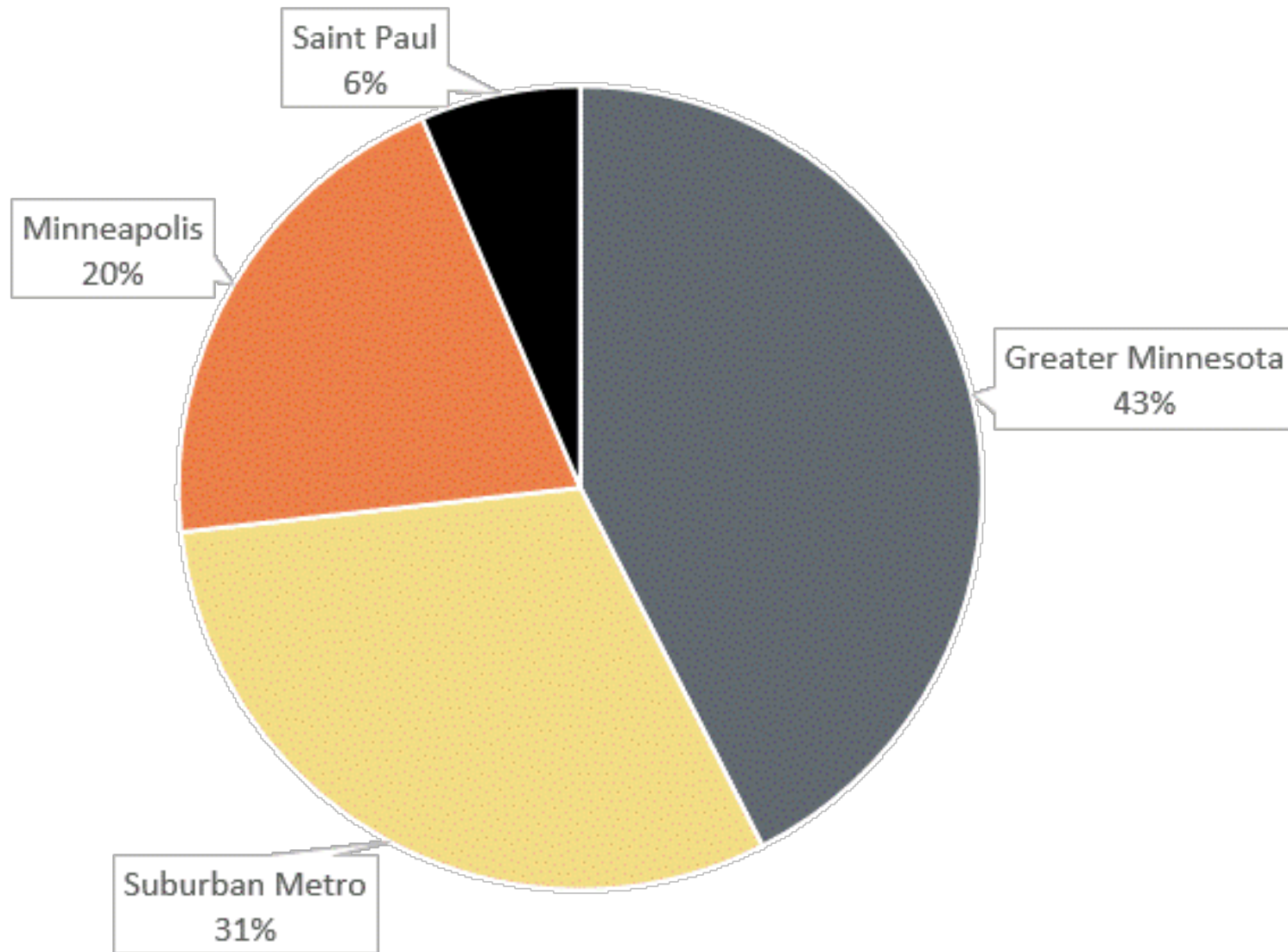




# Hepatitis C

- Similar to hepatitis B
- Hepatitis C becomes a chronic illness in approximately 70-85% of infected people
- An estimated 2.7 to 3.9 million people in the US have chronic hepatitis C
- There is currently no vaccination for hepatitis C
- There are a few medications available to help treat Hepatitis C
- Of every 100 person infected with HCV, approximately
  - 75-85 will go on to develop chronic infection
  - 60-70 will go on to develop chronic liver disease
  - 5-20 will go on to develop cirrhosis over a period of 20-30 years
  - 1-5 will die from the consequences of chronic infection

# Persons with Chronic HCV by Location, 2016



# Modes of Transmission

- **Sexual contact**
- **Saliva (dental procedures only)**
- **Exposure to another person's blood**
  - **Contaminated needle sharing**
  - **Blood contact with non-intact skin or mucous membranes**
  - **Transfusions**
- **Infected mother to child**
- **Most new cases are from IV drug use**

# Common Occupational Transmissions

- Needle-sticks
- Contaminated sharps/glass/ceramics
- Mucous membranes (eyes, nose, mouth)
- Open wound that is exposed to someone else's blood (includes skin rash, dermatitis broken cuticles, cut)

**Important to discuss job responsibilities up front prior to start of work!**



# Universal Precautions

It is your responsibility to treat every  
everyone as if they are infected with a  
BBP, no matter how unbelievable it may  
seem.



# Universal Precautions

Always, wear gloves when handling injuries, blood and/or blood products

If possible, allow victims to provide self-care



# Hand-washing



- Use warm water only
- Apply liquid soap to palms first
- Lather well; spread lather to back of hands and wrists
- Scrub for at least 15 seconds, including fingernails and area between fingers
- Rinse well & dry completely
- Turn off faucet using disposable towels



# Personal Protective Equipment

- Possible PPE needed for protection from Bloodborne Pathogens:
  - Gloves - *latex alternative*
  - Smock/aprons
  - Eye protection
  - Paper face masks
  - CPR masks
  - Face shields
  - Booties



# Gloves



- Don prior to contact with blood
- Check for proper fit
- Check for punctures
- Wash hands before/after
- Pull snug to insure good fit
- Peel off from wrist to fingers
- Dispose of in waste container
- Do not reuse

# Cleaning Procedures



- Use disposable gloves & eye protection
- Use disposable towels to absorb spill
- Clean spill area with soap and water
- Use proper disinfectant
- Allow to air dry (5-15 minutes)
- Dispose of waste (including disposable gloves) in proper container
- **CONTACT CUSTODIAL STAFF FOR CLEAN UP WHENEVER POSSIBLE!**

# Infectious Waste



- Typically in normal trash
- Red biohazard bags require special disposal procedures. Use only IF:
  - Saturated or dripping
  - Pourable

# What is an Exposure?



- **Blood contact with mucous membranes**
- **Blood contact with broken skin**
  - **Dermatitis, cuticles, cuts**
- **Piercing mucous membranes or skin**
  - **Needle sticks, bites, cuts**

# What to do if an exposure occurs?

For Exposed Individuals:

- Wash exposed area thoroughly (up to 15 minutes)
- Report incident to supervisor ASAP
- Fill out internal paperwork as necessary (First Report of Injury/Sharps Injury Log)
- Proceed to local health care provider for exam and follow-up

# Post-Exposure Procedures

- Identify source individual
- Blood test for source individual (if authorized)
- Blood test for exposed individual (if authorized)
- Findings & diagnosis confidential
- Treatment and counseling by physician (if indicated)

# Recordkeeping

- ***Medical***
  - Duration of employment + 30 years
- ***Sharps Log***
  - Five years beyond completion of that calendar year
- ***Training***
  - Three years
- ***Exposure Incident***
  - Duration of employment + 30 years



Please follow the link to the quiz to complete  
the training:

[https://docs.google.com/forms/d/e/1FAIpQLSfdr  
vMbxhUVB5\\_-  
WRrE\\_o5gcFoInpFb\\_fNX6jjk9PwvC6aqQ/vie  
wform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfdrvMbxhUVB5_-WRrE_o5gcFoInpFb_fNX6jjk9PwvC6aqQ/viewform?usp=sf_link)



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